

*Kelly Buckley*

— AUTHOR, SPEAKER, TEACHER OF GRATITUDE AND RESILIENCE —



# STRONG WISE *Women*

## Affirmations *New Beginnings*



*Making the World a Little Brighter,  
One Little Thing at a Time*

[www.kellybuckley.com](http://www.kellybuckley.com)

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— AUTHOR, SPEAKER, TEACHER OF GRATITUDE AND RESILIENCE —



*I accept the necessary changes that need to take place in my life, and I let go of fear and worry. My life is unfolding perfectly.*



STRONG WISE  
Women



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I let go of anger and pain in order  
to welcome new beginnings  
in my life.



STRONG WISE  
*Women*



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My heart is open.  
I pay attention to the guidance provided  
to me through my thoughts, my intuition,  
my feelings and my relationships.  
I am open to receive and follow a new  
path.



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**I open new doors to life.**



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I take time to reflect on my amazing life.  
I look at where I am today and how I came to  
be here.

I acknowledge the darkness and the light.  
I embrace all of it and use it to heal and grow  
in the most beautiful way possible.



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*I welcome and embrace  
healthy changes in my life.  
I let go of old habits and practices  
that no longer serve me.*



STRONGWISE  
*Women*



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